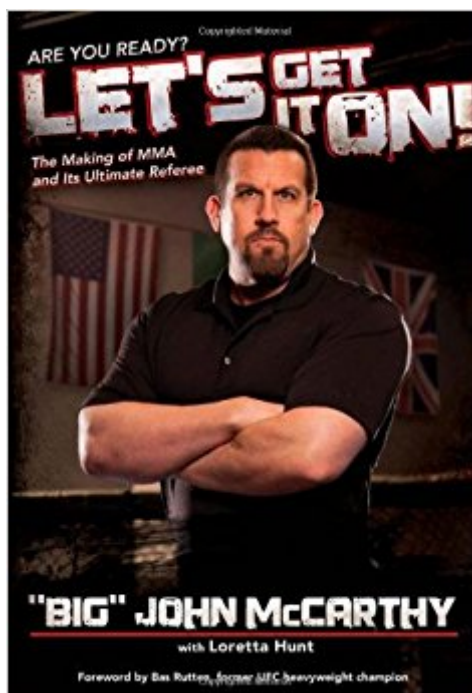


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Let's Get It On!: The Making Of MMA And Its Ultimate Referee



Synopsis

An intimate profile of the legendary mixed martial arts (MMA) referee, this first full-length autobiography of pop culture icon “Bigâ • John McCarthy details every aspect of his life—from his strong-handed Los Angeles upbringing to his involvement in the naming of the sport, his role in its regulation, and MMAâ™s rise in stature. The narrative follows “Bigâ • John through his 22-year career as a Los Angeles police officer, where he taught recruits arrest and control procedures as well as survival tactics, then his 15-year career as MMAâ™s premier official in the chain-linked cage. A fixture of the sport, “Bigâ • John started refereeing at UFC 2 in 1994 when MMA was in its infancy and went on to officiate at every major UFC event but two until 2007. Following a one-year hiatus as a color commentator and on-camera analyst for MMA and boxing events, he returned to MMA refereeing in 2008. In his own words, "Big" John relates his insiderâ™s perspective from the midst of many of the sportâ™s greatest moments—from Tito Ortiz–Ken Shamrock I at UFC 40 in 2002 to Randy Couture–Tim Sylvia at UFC 68 in March of 2007—along with his account of the birth of the sport in America, its evolution, and MMAâ™s ongoing struggles for acceptance.

Book Information

Hardcover: 418 pages

Publisher: Medallion Press (September 1, 2011)

Language: English

ISBN-10: 1605421413

ISBN-13: 978-1605421414

Product Dimensions: 6.4 x 1.5 x 9.3 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (52 customer reviews)

Best Sellers Rank: #971,244 in Books (See Top 100 in Books) #158 inÂ Books > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Martial Arts #159 inÂ Books > Sports & Outdoors > Individual Sports > Mixed Martial Arts #2390 inÂ Books > Sports & Outdoors > Individual Sports > Martial Arts

Customer Reviews

Most pro sports referees fade into the background and they like it like that. Few NFL refs are noticed, unless they blow a pass interference call. Major league baseball ump's vie for notoriety with outlandish gyrations on strike-out calls, but please just try to name one. NBA refs only make

headlines when they are caught betting on games, perhaps during their sentencing hearings. If fans know your name as a ref in most sports, that's not necessarily a good thing. Not so in mixed martial arts. Here we have a cast of characters almost as well known as some of the fighters. These refs in this increasingly popular sport are well known, somewhat celebs in their own right. Many have their own "signature" way of starting the fights. Some are understated and quietly professional, like Mario Yamasaki. Some just bark, "Fight!" Others, like Steve Mazzagatti, yell "Let's hook em'-up!" Perhaps the most iconic MMA ref tag-line, though, belongs to "Big" John McCarthy and his patented start to each contest, as he shakes his hand and exhorts the two fighters, "Let's get it on!" Big John has been around since the start of MMA and the Ultimate Fighting Championships (UFC). Now along comes his long-awaited autobiography, co-authored by Loretta Hunt. Hunt is one of the nation's premier MMA journalists. She attained some unintended notoriety of her own a few years ago in a well-publicized dust-up with UFC Emperor Dana White, who launched into a profanity-laced tantrum after one of Hunt's journalistic forays. In a sense, the story of Big John is the story of modern MMA. He was there at the beginning, from UFC 1 when a slender dude in white pajamas somehow was able to choke out and submit a succession of incredible hulks. So ...

It's UFC 140, December 2011 and Jon Jones has just successfully defended his Light Heavyweight Title against Lyoto Machida, defeating him with a standing guillotine choke that put's Machida to sleep before he can tap out, as Jones walks away Machida drops head first to the floor of the Octagon and the first person Machida will see when he awakes is veteran referee "Big " John McCarthy who checks on him and tells him he's going to be okay. McCarthy has done this countless times on fighters who have been knocked out or put to sleep by a submission. The fact that an MMA referee has written his own Autobiography will probably have newer fans of the sport asking why? Who's this guy? With "Let's Get it On!: The Making of MMA & Its Ultimate Referee" you find out that "Big" John is one of the early pioneers of the UFC and MMA in general. The book covers John's early life as he follows in his dad's footsteps and joins the LAPD, we are given a great insight into the Los Angeles riots that happened in 1992 after four Police officers were acquitted of the beating of Rodney King. It really was open season and anything goes and McCarthy tells us the stories of being a cop on the streets during this time that included being shot at regularly. Also the worries he had for his wife Elaine who was also on the force. It was in the aftermath of these riots that McCarthy would first meet Rorion Gracie and how the original idea for the first ever UFC event came about. McCarthy covers the first few UFC's in great detail and includes some of the original ideas such as alligators circling the Octagon! He would eventually go on to referee the second event

after been turned down in his attempts to compete.

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